

SAFE TOPLAY

Say Something if you See Something

PLAY BY THE RULES

While you're here...

- 1** Be yourself and welcome others
- 2** Be respectful to others and take care of the equipment and venue
- 3** Try your best and have fun
- 4** Listen to your coach
- 5** Remind a parent or carer to bring the right kit, food and drinks with you
- 6** Don't wander off or leave without telling a staff member
- 7** Speak up if you feel worried – reach out to someone you trust or contact British Equestrian

SCAN ME



A trusted person could be a parent or family member, a coach, the club's Safeguarding Officer or another adult